

# The Ripley Reminder



## RIPLEY CHURCH OF CHRIST

1300 HALL DRIVE-RIPLEY, MS 38663

PHONE:662-837-9011

WEBSITE: [www.rmschurchofchrist.com](http://www.rmschurchofchrist.com)

### Service Times

Sunday Bible Study..... 9:30 AM

Sunday Morning ..... 10:20 AM

Sunday Evening ..... 5:00 PM

Wednesday Evening..... 7:00 PM

### MINISTERS

Dr. Donnie DeBord

Cole Chapman

Tucker Shappley

### ELDERS

David Cook

Michael Harrison

Mark Martindale

### DEACONS

Ronald Chapman

Rob Elliott

Shane Green

David Hudson

Mike Hurst

Sonny Meeks

Brad Pounders

Nathan Robertson

Kenny Schmitz

Justin Thompson

Benny Wallis

Bruce Wallis

### BULLETIN

Announcements ..... 662-837-9011

E-mail.....[rmschurchofchrist@gmail.com](mailto:rmschurchofchrist@gmail.com)

I was glad when they said unto me,  
Let us go into the house of the LORD.

Psalm 122:1



[FaithReviewed.blogspot.com](http://FaithReviewed.blogspot.com)

## Baseball/Softball Clinic

April 6

Boys and girls, ages 6-12,  
sign up for a day of  
training and pointers to  
improve your game.

Sign up sheet in the  
foyer.



# Benefits of Prayer

**Prayer**, a timeless and world-wide practice, holds profound significance across various aspects of life and offers benefits that span physical, mental, emotional, and spiritual realms. Here are some key benefits of prayer:

## Mental and Emotional Benefits

**Stress Relief:** Prayer can act as a form of mediation, helping to calm the mind and reduce stress.

**Emotional Support:** It provides an outlet for expressing emotions and can be a source of comfort during difficult times.

**Improved Mood:** Regular prayer has been associated with a more positive outlook and increased feeling of happiness.

## Physical Benefits

**Lower Blood Pressure:** The relaxation response elicited by prayer can lead to lower blood pressure and improved heart health.

**Better Sleep:** The calming effects of prayer may contribute to better sleep quality.

**Enhanced Immune Function:** Reduced stress from prayer may improve immune system functioning.

## Social Benefits

**Sense of Community:** Participating in communal prayer can foster a sense of belonging and community support.

**Improved Relationships:** Prayer can enhance empathy, patience, and understanding, which can positively impact relationships.

## Spiritual Benefits

**Deeper Connection:** Prayer can help individuals feel a deeper connection with their faith and with God.

**Guidance and Clarity:** It can provide a sense of direction and clarity in decision-making.

**Inner Peace:** Many find a profound sense of inner peace and purpose through regular prayer.

## Cognitive Benefits

**Enhanced Focus:** The concentration required during prayer can improve overall cognitive function and attention.

**Mindfulness:** Prayer encourages individuals to stay present and engaged in the moment.

Overall, prayer can be a powerful practice that supports well-being across multiple parts of life.

Praying to God is one of the best activities Christians can do. We are told to “pray without ceasing” (1Thessalonians 5:17), meaning our first go-to throughout the day should be turning to God.

## Benefits of Prayer in God’s Word:

**Brings us closer to God** (Matthew 6:6)

**Increases mindfulness** (Colossians 3:2)

**Gives hope** (Mark 11:24)

**Gives strength** (Isaiah 40:31)

**Defeats selfishness** (2Chronicles 7:14)

**Helps us with difficult relationships** (Matthew 5-44)

**Changes things** (James 5:16)

**Makes us happy** (John 16:24)

**Helps guide us** (James 1:5)

**Provides peace** (Philippians 4:6-7)

### **PLEASE KEEP IN YOUR PRAYERS**

- Remember Chris Grisham in your prayers as she continues cancer treatments.
- Pray for Benny Wallis as he starts radiation treatments.
- Royce “Hop” Gibens, Summer Gibens father-in-law, passed away last week. Continue to pray for this family during this difficult order.
- Sidney Clemmer, grandfather of Lauren Elliott, passed away last week. Pray for this family during this difficult time.

### **Please keep these in your thoughts and prayers:**

Johnnie Jumper, Lindsay Garrison, Pattie Box, Anna Hearn Thompson, Chris Grisham, Jan Rooker, Wade Carmichael, Brenda Koon, Carol Smith, Ali Rae Barkley, Cora Chills, Austin Wentz, Trey Smith, Lori Chapman, Mike Harrison, Shan Grisham, Caleb McAlister, Jimmy Willingham, Linda Cook, Dianne Butler, Susan Ainsworth, Billy Hugh McBryde, Phil Young, Gary Parsons, Tom Childers, Peggy Wallis, Paula Dowty, Steve Robinson, Donald McTizi, Lynn DeBord, Ann Akins, Kenny James, Benny Wallis, Shandal Maxedon, Dennis Woods, Vince Jordan, Sharon Macaluso,

**Diversicare:** Terri Barkley C-9, Cindy Holly D-8

### **NEWS & NOTES**

- Kallen Bryowsky was baptized last Sunday. Let’s all welcome our new brother in Christ.
- Sierra Gross was baptized Sunday night. Let’s welcome her as our new sister in Christ.
- We will have a Hospitality Room for those attending Lads to Leaders. Donations of snacks, drinks, or money would be appreciated. See Donna Johnston or Regina Wallis for questions.
- The Lads to Leaders will have a practice session on April 13th. The girls will practice at 3:00 in the fellowship hall and all ladies are asked to show your support by attending. The boys will practice during our afternoon service at 5:00. Everyone is asked to support them.
- Puppet practice is Wednesday night at 5:00.
- Bible Bowl Practice is on Sunday afternoon at 4:00.
- There will be a bridal shower for Zoe Green, April 27, 2025 from 1:30-3:00. Zoe and Tucker are registered at Amazon and Gift of Gab.
- Jessie & Sophie DeBord will be nursery attendants this Sunday.

### **Worship Service April 6, 2025**

|                                       |  |
|---------------------------------------|--|
| Welcome.....                          | Donnie DeBord                                |
| Song Leader .....                     | Dan Shappley                                 |
| Opening Prayer AM .....               | Mark Martindale                              |
| Read Scripture.....                   | Anderson Thompson                            |
| Lord’ Supper AM.....                  | Nathan Robertson                             |
| Assisting at the Lord’s Table AM..... | Sonny Meeks, Robert Elliott, Palmer Jones    |
| .....                                 | Brad Pounders, Justin Bennett, Darrell Tatum |
| Closing Prayer AM .....               | Sam Green                                    |
| Opening Prayer PM.....                | Justin Thompson                              |
| Lord’s Supper PM .....                | Mike Hurst                                   |
| Closing Prayer PM .....               | Benny Wallis                                 |
| Usher .....                           |  |